

Resources for Mothers of Sons

This list is a sampling of the many books available on the topic of mothers and their sons. Visit a library or browse a bookstore's collection to take a look at these books and decide on those that best fit your needs and style of parenting.

Books

Biddulph, S.; Celestial Arts 2008

Raising boys: why boys are different – and how to help them become happy and well-balanced men

Caron, A.; Henry Holt 1994

Strong mothers, strong sons; raising the next generation of men

Erwin, L.; Adams Media 2006

The everything parent's guide to raising boys: a complete handbook to develop confidence, promote self-esteem, and improve communication

Gurian, M.; Shambala 1993

Mothers, sons, and lovers: how a man's relationship with his mother affects the rest of his life

Gurian, M.; Jossey-Bass 2007

The minds of boys: saving our sons from falling behind in school and life

Gurian, M.; Tarcher/Putnam 2006

The wonder of boys: what parents, mentors and educators can do to shape our boys into exceptional men

Harrison, M. and Harrison, H.; Workman Publ. 2006

Mother to son: shared wisdom from the heart

Hartley-Brewer, E.; Da Capo Press 2001

Raising confident boys: 100 tips for parents and teachers

James, A.N.; Corwin Press 2007

Teaching the male brain: how boys think, feel, and learn in school

Kindlon, D. and Thompson, M; Ballantine Books 2000

Raising Cain: protecting the emotional life of boys

Pollack, W.; Owl Books 1999

Real boys: rescuing our sons from the myths of boyhood
learn more about great conversations

visit our website | www.greatconversations.com

Sax, L.; Basic Books 2007

Boys adrift: the five factors driving the growing epidemic of unmotivated boys and underachieving young men

Schwartz, P. and Cappello, D.; Hyperion 2000

Ten talks parents must have with their children about sex and character

Stevens, P.; Scribner 2001

Between mothers and sons: women writers talk about having sons and raising men

Thompson, M. and Barker, T.; Ballantine Books 2000

Speaking of boys; answers to the most-asked questions about raising sons

Walsh, D.; Free Press 2005

Why do they act that way? A survival guide to the adolescent brain for you and your teen

Other

<http://www.pbs.org/opb/raisingcain/> Video of PBS documentary, Raising Cain: Boys in Focus, by Michael Thompson

<http://www.michaelthompson-phd.com/questions.htm> Q & A opportunity with Michael Thompson, with additional useful links.

<http://www.brainrules.net/gender> John Medina's work on brain gender differences

"Zits" – comic strip syndicated in many newspapers which perfectly characterizes the challenges of the mom-teenage son relationship in a hilarious and poignant way, by Jerry Scott and Jim Borgman